
SECTION: CERTIFICATION

SUBJECT: Eligibility Requirement

ITEM: *Infants/Children: Nutrition Assessment Requirements--
Determining Dietary Nutrition Need*



Policy The Competent Professional Authority (CPA)/WIC Nutrition Assist (WNA) shall assess whether a dietary nutrition need exists at each certification using the following:

- the Breastfeeding/Postpartum Woman and Newborn Infant Questionnaire (DHS 4137),
- the Infant Nutrition Questionnaire (DHS 4123),
- the Child Nutrition Questionnaire (DHS 4109), or
- a local agency developed and state approved nutrition questionnaire.

For children: If a dietary nutrition need can not be identified and there is NO other indicator of nutritional need, then staff shall use a 24-hour diet recall to determine a dietary nutrition risk needed to establish eligibility.

**Authority
for policy** 7 CFR 246.7

**Determining
need** Dietary nutrition need may also be determined by reviewing the dietary intake and feeding patterns of the participant as determined by responses to Integrated Statewide Information System (ISIS) questions and questions asked during individual counseling as part of the certification process.

**Infants:
assessment and
documentation** Local agencies shall review the dietary intake and practices of infants using responses from the Breastfeeding/Postpartum Women and Newborn Questionnaire and the Infant Nutrition Questionnaire.

- If the infant's eligibility is based on a dietary risk, the local agency shall document identified indicator(s) of dietary nutrition need(s) in ISIS on the Summary Screen.

**Children:
assessment and
documentation**

- Local agencies shall review dietary intake and practices of children using responses from the Child Nutrition Questionnaire.
- A 24-hour diet recall shall be completed if a dietary nutrition need cannot be identified and there is no other indicator of nutritional need.
- If the child's eligibility is based on a dietary risk, the local agency shall document identified indicator(s) of dietary nutrition need(s) in ISIS on the Summary Screen.

The assessment of a 24-hour diet recall or other approved dietary assessment tool shall support the risk identified. Totaling up the number of servings and estimating serving sizes are not required, however they may be necessary unless a dietary nutrition need is not identified using a visual assessment of the 24-hour diet recall.
